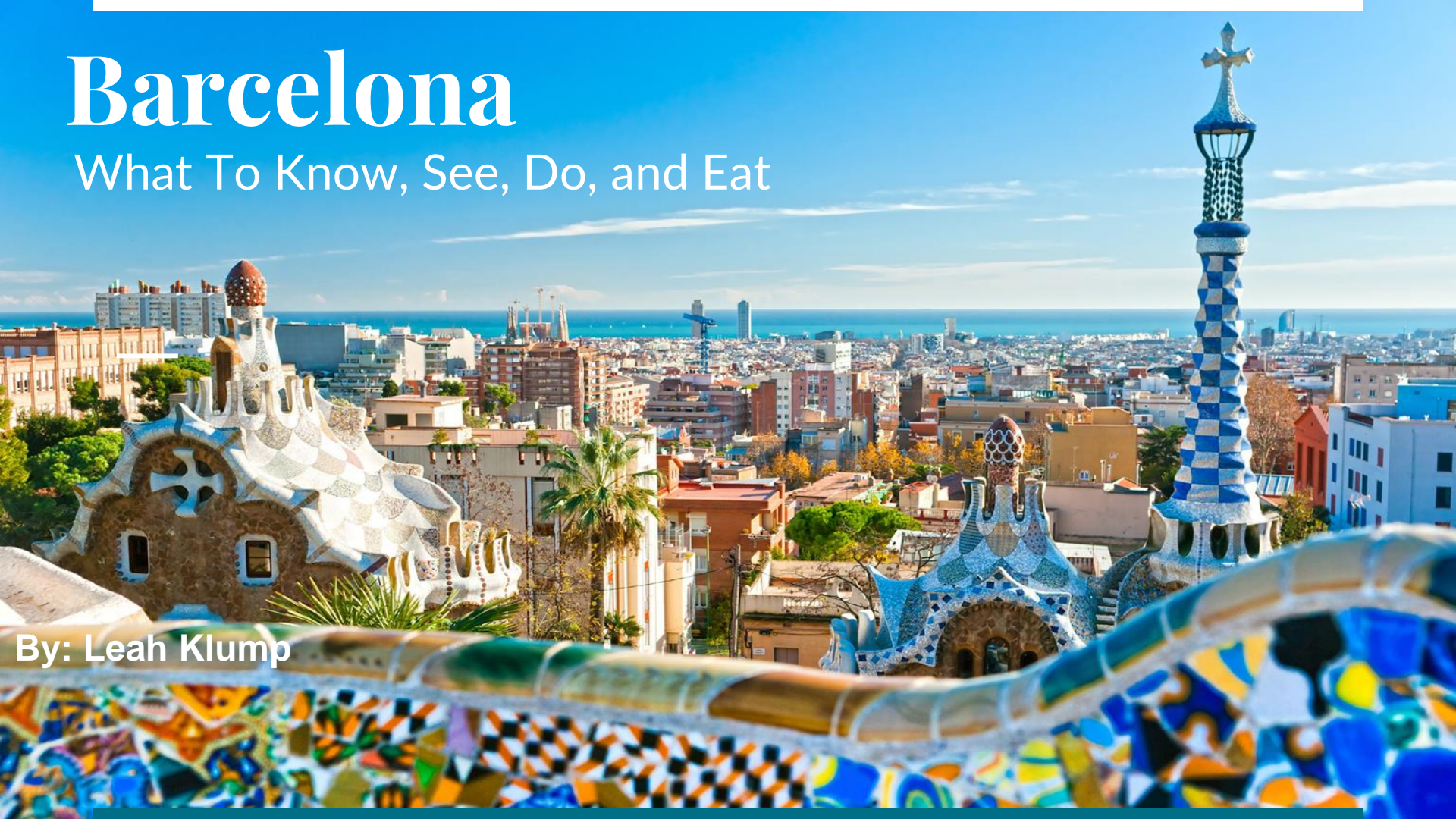


Barcelona

What To Know, See, Do, and Eat

By: Leah Klump

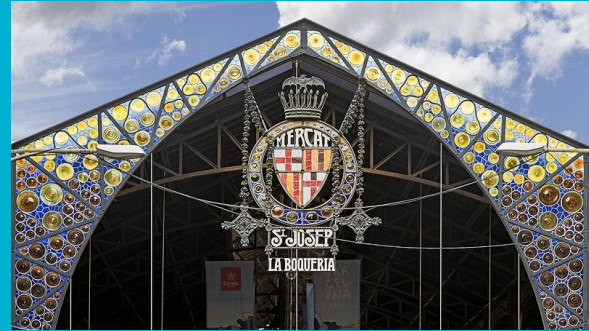


About Me

- ❖ Moved to Barcelona in March 2014
- ❖ Lived there for 9 years
- ❖ Worked as an English teacher and Swing Dancer
- ❖ Love travel, languages, good food, history and culture
- ❖ Fluent in Spanish and intermediate-advanced in Catalan
- ❖ I LOVE MY CITY!!!!



Monday, April 28th



- ❖ 6 hour time difference - you will be tired!
- ❖ Hotel on Las Ramblas
- ❖ Easy dinner - La Boqueria Market (the most famous open air market in Barcelona)
- ❖ Foods to try and buy as souvenirs
 - Turrón is a great Spanish treat to bring home and comes in many flavors!
 - You can get fresh juices or smoothies for a pick-me-up.
 - Restaurants and prepared food available throughout the market for quick, easy dinner.
 - You can get food to-go, eat in your hotel room and rest up for the next day.
 - Bars also surround the market - grab a relaxing glass of Rioja wine or Estrella beer!
- ❖ If you want to explore:
 - Check out Palau Guell! It is a beautiful concert house designed by Antoni Gaudi. You can also get dinner in the restaurant, if you choose to.
- ❖ Most restaurants in Barcelona are CLOSED on Mondays.

Tuesday. April 29th



—❖ Lunch options near Sagrada Familia:

- Restaurant La Llesca - small plates, sandwiches, soups, salads and authentic Catalan food
- Michael Collins - A fun Irish pub
- Here is a link to other restaurants near Sagrada Familia:

https://www.google.com/maps/search/restaurants+near+sagrada+familia+in+barcelona/@41.4052832,2.1716928,16z/data=!3m1!4b1?entry=ttu&g_ep=EgoyMDI1MDEwMi4wIKXMDSoASAFAQAw%3D%3D

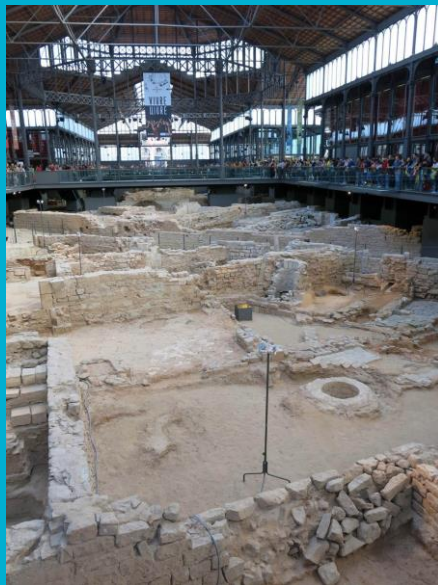
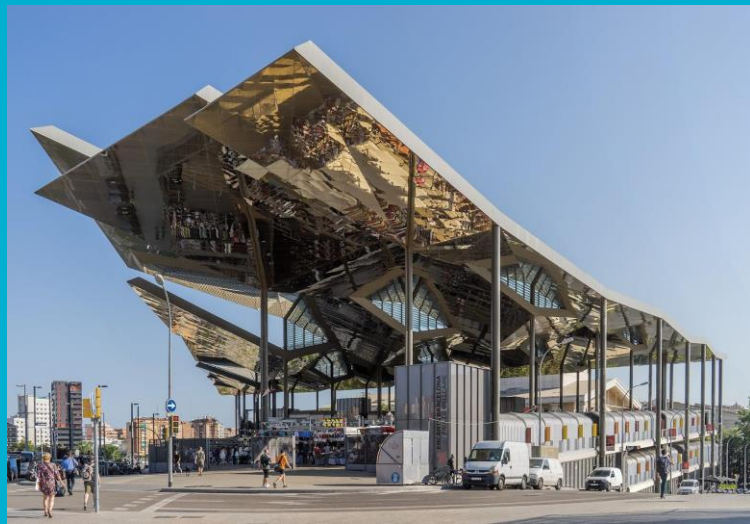
❖ Sagrada Familia tour is HIGHLY recommended, especially if it's sunny.

❖ What to do if you don't want to pay for a Sagrada Familia tour:

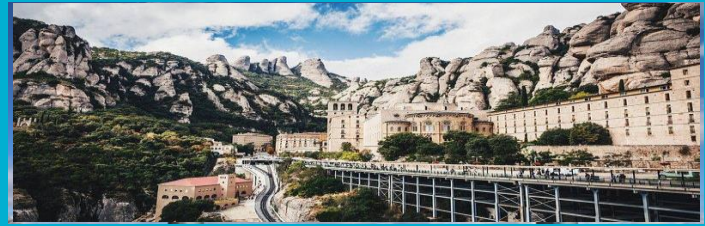
- Walk up the diagonal street to see Hospital Sant Pau - the oldest hospital in Barcelona.
- Walk around the Gracia neighborhood (my neighborhood)
- Rent a bike and ride down to El Born (old neighborhood with 1700's city ruins) and Barceloneta (the beach)
- Visit Encants second hand market and look for unique gifts

❖ Dinner options:

- 2nd oldest restaurant in Spain (Les Culleretes) in Barrio Gótico - traditional Catalan fare
- My favorite restaurant (in Gracia) - Can Vall - tapas - no reservations, first come first serve
- Thai Gracia - thai food right near Diagonal metro station (a short ride on the blue line from Sagrada Familia, or the green line from the hotel)



Wednesday, April 30th

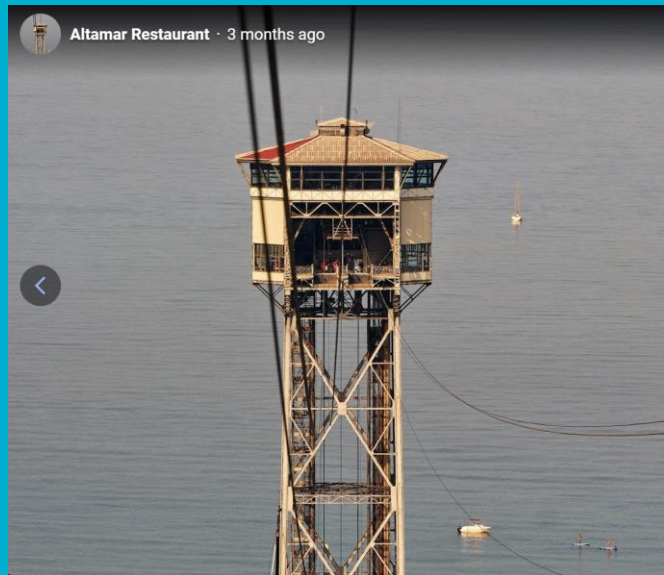


- ❖ Montserrat is often windy and colder than the city. Be prepared and dress in layers!
- ❖ You may be tired from walking at Montserrat.
- ❖ Near the hotel:
 - The **Maritime Museum** at the end of the Rambla - See the Spanish galleon ship and learn about Barcelona's important maritime history.
 - Get 360 degree views of the city inside the **Cristobal Colón statue** at the end of Las Ramblas near the sea. Visit the wine cellar underneath for a drink afterward!
 - Rent a bike and ride down to the beach. Have some tapas and wine in front of the beach.
- ❖ A little further:
 - **Casa Mila/La Pedrera** offers a tour of the building and rooftop at night with snacks and champagne. Book in advance! A Gaudi masterpiece. They also offer jazz performances inside the restaurant.
 - **Casa Batllo** is right across the street from Casa Mila and also offers tours. It is a building with dragon scales! It's designed to represent the story of Sant Jordi (Saint George). Book in advance!
- ❖ For the more ambitious:
 - **Parc Guell** - a must-see park designed by Antoni Gaudi with views of the city and sea. Buy tickets in advance. It is a very STEEP walk. Take a taxi or be prepared to get your exercise!
 - **Civil War Bunkers** - a beautiful place to watch the sunset from - requires a hike or a taxi ride. Stop at a supermarket and buy a 3-4 euro bottle of wine and some snacks. Have a picnic up there!



Last Night in Barcelona Dinner Options

- ❖ **Via Veneto** - A restaurant once frequented by Salvador Dalí. Very elegant, with authentic Catalan cuisine.
- ❖ **Terrassa Martínez** - A restaurant on Montjuic mountain with amazing food, including paella, and gorgeous views of the city.
- ❖ **Torre d'Alta Mar** - A restaurant with 360 degree views of Barcelona. A very posh restaurant with Mediterranean food.
- ❖ **Mirablau** - A restaurant/cocktail bar with amazing views of the city. Warning: After 11:30 pm it gets loud due to the nightclub downstairs. It is near the Funicular de Tibidabo. Take a taxi ride to the church at tibidabo before or after dinner! Maybe even ride the ferris wheel at the top of the mountain!
- ❖ **La Dama** - A beautiful restaurant found inside of a Gaudi-style building. A best kept secret in Barcelona!
- ❖ **Koy Shunka** - The most amazing Japanese food you will eat in your life. Make a reservation well in advance. It isn't cheap, but will be very memorable. My friend Julio is a well-known chef, and the owner is a close friend who helped train him.
- ❖ **Lluerna** - Julio's favorite restaurant in Santa Coloma. It requires a reservation and a train trip or taxi ride out of the city, but it offers some of the best Catalan fare you can get in the area. It has a Michelin star!



Pro Tips

❖ If you want to try Paella:

- It should be eaten at lunch time, as it is a heavy meal.
 - There are multiple kinds (negra, de marisco, Valenciana).
 - It has a set price per person (around 25 euros is typical) and you must order a minimum of 2 servings, but that can feed three people.
 - If you eat on Las Ramblas directly, or right next to a tourist attraction, the food will be more expensive and lower quality. Avoid places that have pictures of the food out front or a person trying to get you to come inside.
- ❖ If you get the chance, order gelato and/or horchata - these places open only from April to October and it is a creamy delight you won't regret trying.
 - ❖ Tipping is not expected nor necessary, and if you wish to leave a tip (for a large group or exceptional service) 1-2 euros is the norm. Don't feel guilty. Restaurant staff is well-paid and have full benefits and free health care. Many times, the restaurants keep the tips and they don't go to the server.
 - ❖ Many restaurants offer a "Menu" - a set menu with 3 courses (1st, Entrée, Dessert or Coffee) and drinks (beer, wine, water, or soda) included for around 12-15 euros TOTAL! Great deal, but you cannot request any changes or variations from the options given.

Be Prepared

❖ Customer Service

- Lunch and Dinner typically take about 1 and a half to 2 hours.
- You must ask for the check or they won't bring it.
- The check is not a priority.

❖ English is widely spoken, but with mistakes. English is sometimes preferred over Spanish, depending on political views. Don't be offended if you speak Spanish and they answer in English.

❖ Basic Courtesy When Shopping:

- Greet the shop attendant when you enter.
- Thank the shop attendant when you leave.
- Be direct and say if you don't like something. That is acceptable here.
- Prices are not typically negotiable, as in the U.S.

❖ Tax is INCLUDED - on menu prices, and on tags in stores.

❖ Restaurants typically close between 4:00 and 8:00 pm (between lunch and dinner).

❖ Stores and supermarkets may be closed for Siesta between 2:00 and 5:00 pm.

The Hospital (Just in case)

- ❖ There are public and private hospitals.
- ❖ They will usually take your credit card in the emergency room.
- ❖ Down payment is around 100 euros.
- ❖ You will be called by priority, so make it look bad if you'll be waiting for awhile.
- ❖ Keep all billing documents at the end to be reimbursed by your insurance in the U.S.
- ❖ Spain has one of the best healthcare systems in the world, so you'll receive excellent care!

Some of my favorite snack/in-between-meal options

Can Vall - a tapas restaurant which does not close for siesta and offers outdoor seating in the beautiful plaza - Plaza Rovira, Gracia

La Nena - The BEST hot chocolate in the city which also offers baked goods, sandwiches, and savory treats (also vegan and gluten-free food options)

Turris - a bakery which can be found all over the city with the BEST, most tasty bread you'll ever have. Get some to keep in your hotel room or to take on your trip with you.

Useful Catalan/Spanish Phrases (to impress the locals)

- Si us plau (see-oos plow) - Please
- Graciés or Merci - Thank you
- Soc dels Estats Units (soh-k dahls estahts oo-neets) - I am American
- El compte (all compta) - The bill/check
- Quant costa això (cuahn costa ai-sho)? - How much does this cost?
- ¡Anem! OR ¡Som'hi! (so-mi) - Let's go!
- Un cortado - a shot of espresso
- Un cafe con leche - an espresso with milk
- Un cafe americano - An espresso with water added
- Amb gel (ah-m jel) OR (IN SPANISH) Con hielo (pronounced like yellow) - With ice
- Un té - A tea (black - negro or green - verde)
- Una infusión - an herbal tea without caffeine

**Also, many English menus contain British English, so here are some translations:

Mezclum - lettuce mix

Aubergine - eggplant

Courgette - zucchini

Q&A

Any questions for me?